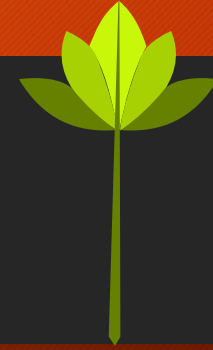


Age-Friendly Uxbridge

UPDATE

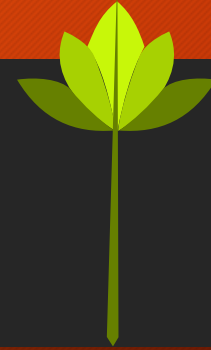
FEBRUARY 2024

Introduction



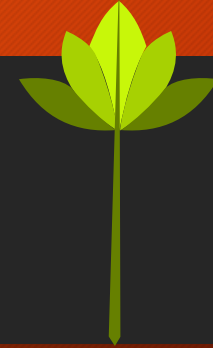
- Presentation outline:
 - Brief recap of Age-Friendly Uxbridge
 - Our progress as a community
 - Where we can go from here

Current Committee Members



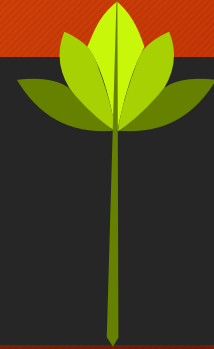
- Councillors Pam Beach and Bruce Garrod; Kathy Clulow (Chair); Charles Heroux, Robert Kirvan, Jim Closs, Jo-Anne Haley, David Richardson
- Chris Gilmour (staff)

Vision



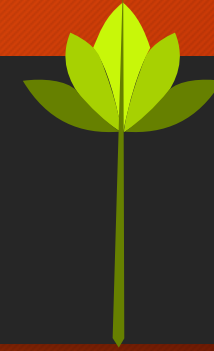
- “Uxbridge is a community that values, respects and actively supports the safety, diversity and well-being of seniors. We continuously strive to remove barriers that might lessen the ability of our residents to age actively in the community through all stages of their lives.”

History



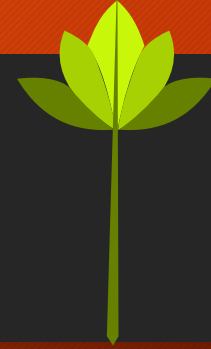
- First meeting of A-FCAC - Jan. 2018
- Survey & all-day workshop - 2018
- Met with key informants
- Assessment Report - March 2019
- Age-Friendly Plan Sept. 2019

History (cont'd)



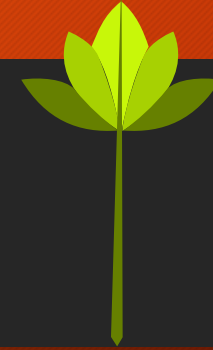
- March 2020 onset of pandemic
- September 2022 Progress Report to Council
- Municipal Election 2022
- New A-F Committee established

Community Progress...



- Report cited 41 Examples of Improvements
 - by township, business, volunteers
- Addressing basic needs of older adults
- Making it easier to get around
- Helping seniors stay connected & informed

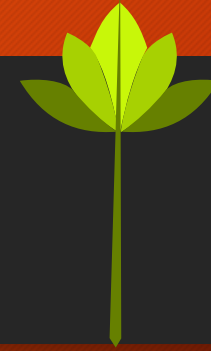
Community Progress...



- Some major developments
- Many small incremental improvements
- Some helped leveraged resources

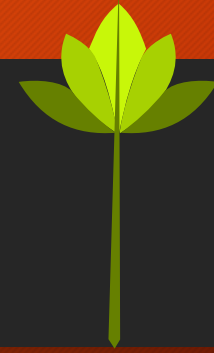
Community Progress...

Basic Needs



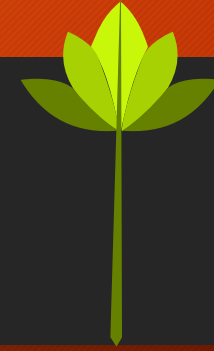
- New and improved medical facilities
- Upgraded Seniors' Centre
- Public washroom accessibility
- Helping Hand

Community Progress... Getting around



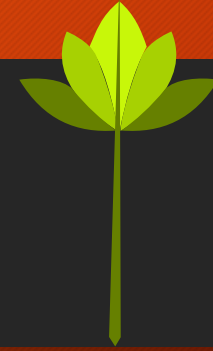
- More accessible paths
- Improved sidewalks
- Traffic calming
- Better On-Demand transit service

Community Progress... Connected & Informed



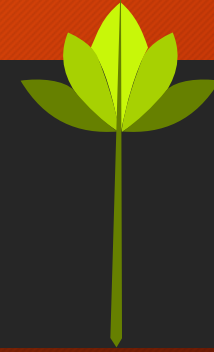
- CommuniTeas - social/learning events
- Telephone outreach during pandemic
- iPad lending program
- Seniors' service directory - Bridging the Gap

Leveraged Resources



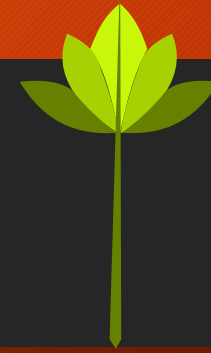
- Uxbridge provided \$76,000 in staff and funding/4 years
- This commitment leveraged \$190,000 from other sources

Into the Future...



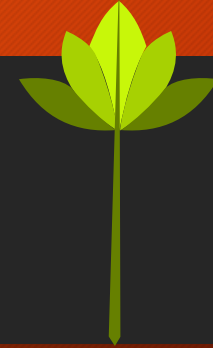
- Important to maintain and express commitment
- Employ 'seniors' lens' on municipal projects & services
- Continue incremental improvements
- Regularize consultations with seniors
- Improve communication

Into the Future...



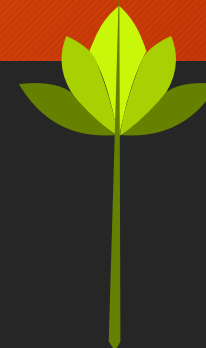
- Reduce the digital gap
- Increase housing options
- Promote age-friendly business
- Continuous upgrade of sidewalks and paths
- Maintain regional & provincial A-F connections

Challenge:



- Lets make Uxbridge a model age-friendly community by:
 - Becoming “age-mindful”
 - Planning with the entire age spectrum in mind
 - Continuously removing barriers and expanding opportunities

Thank You



- To
 - Council
 - Staff
 - Volunteers
 - Seniors
 - Community

