

Age-Friendly Survey Results/Opportunities

2024

ABOUT THE SURVEY

- Went live: March 1 Closed: April 30
- Promoted on local radio, social media and newspaper
- Distributed electronically and in paper form
- Sample size 363 – approx. 8% of 65+ residents
- 74% over 65; 17% 55-65

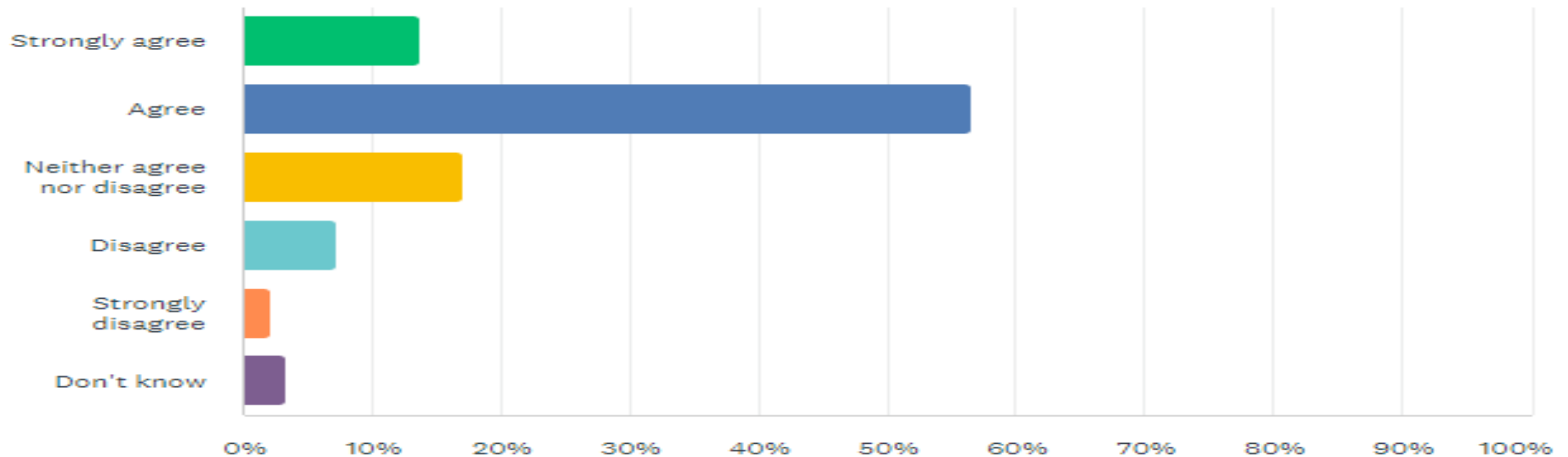
IS UXBRIDGE AGE-FRIENDLY?

- 60% say yes
- Under 20% say no
- 20% neutral

POSITIVE TOWARD OLDER ADULTS

I feel our community has a positive attitude towards older adults.

Answered: 334 Skipped: 2



GENERAL OBSERVATIONS

- 77% say they make use of parks and outdoor spaces
- 70% think public buildings are generally accessible
- 55% say there are good social and recreational options
- More than half say retail stores are accessible
- Concerns about accessibility of downtown stores

COMMUNICATION

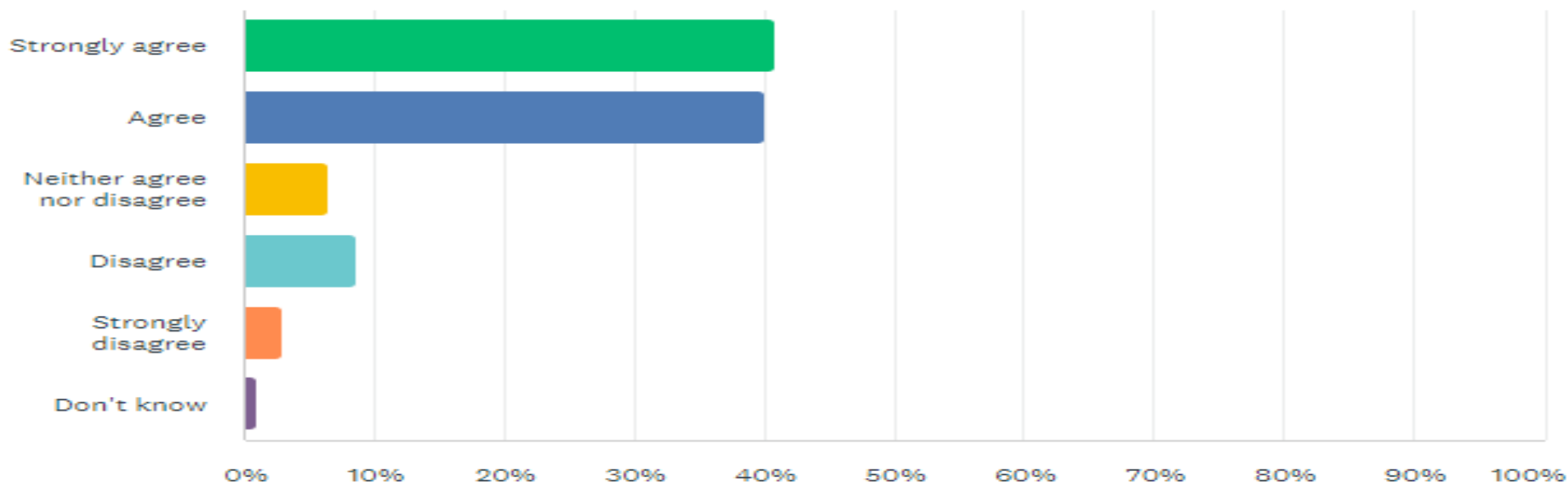
Easy access to information is key to active ageing

- About 40% say information is easy to come by
- 193 respondents left e-mail addresses to receive information
- 80 individuals asked to be included in consultations

80% COMFORTABLE WITH COMPUTERS

I am comfortable using computers to access information online.

Answered: 335 Skipped: 1



COMMUNICATION OPPORTUNITIES

- Central/coordinated information source
- Monthly seniors' newsletter
- Dedicated website
- Greater range of activities at Seniors' Centre
- A seniors' focus group for consultation
- Computer training to bring more seniors on-line

TRANSPORTATION

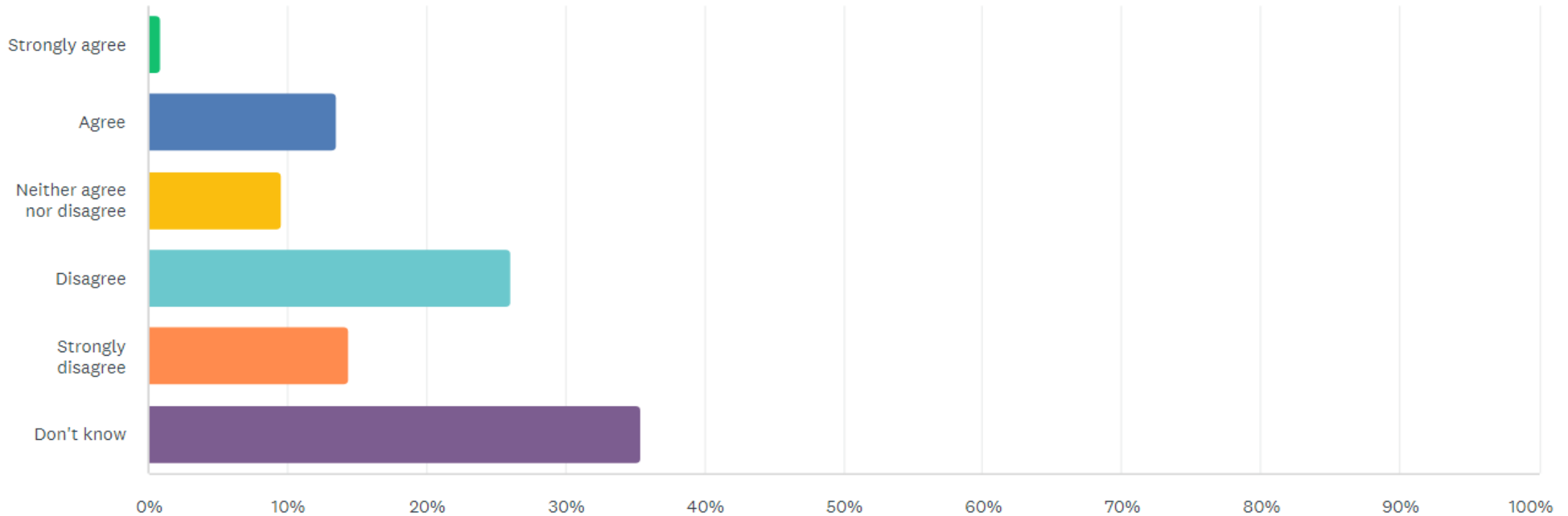
Active Ageing depends on convenient transportation

- Uxbridge Seniors are car dependent
- Most will outlive their drivers' licenses
- 75% say Uxbridge hard to get around if you don't drive
- Majority don't know about on-demand transit service
- Some say it can be hard to get to bus stops in winter

15% KNOW HOW TO USE ON-DEMAND

I know how to use the On-Demand transit service.

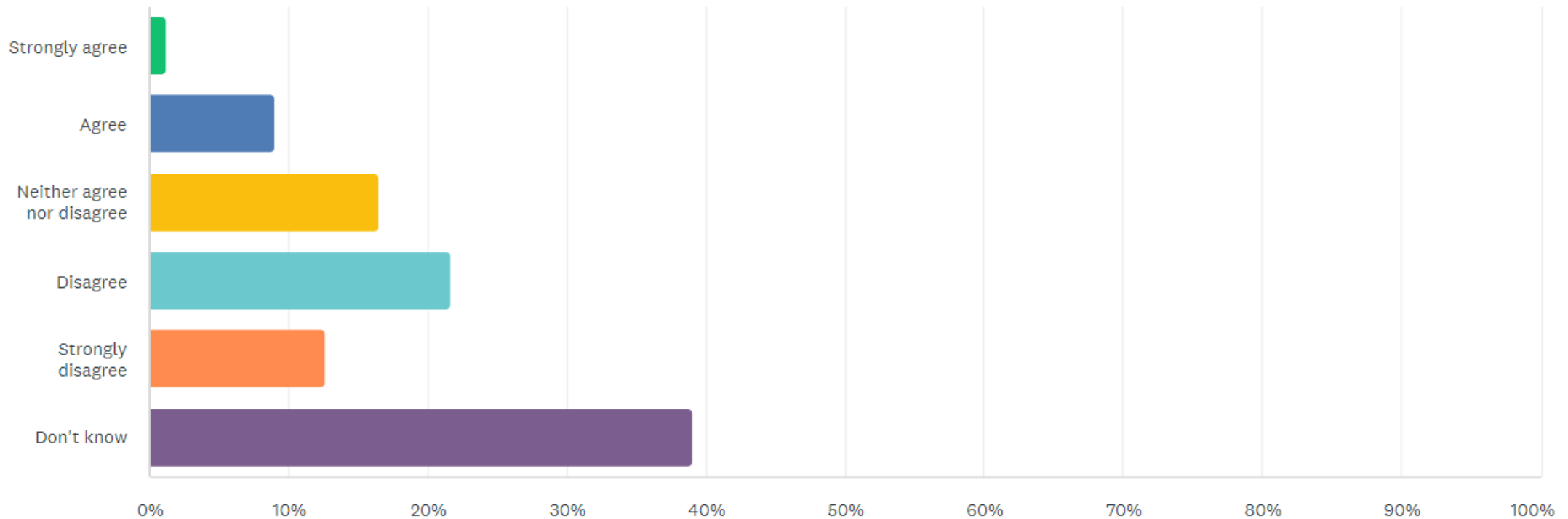
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10% SAY PUBLIC TRANSIT IS CONVENIENT

Public transit in Uxbridge is convenient and accessible.

Answered: 333 Skipped: 3



TRANSPORTATION OPPORTUNITIES

- Set up focus groups of seniors to provide input to DRT
- Work with DRT to develop local area transit plan
- Host workshops on public transit
- Make sidewalks to bus stops a priority for snow clearing
- User-friendly transit kiosks in seniors' residence

SIDEWALKS

Good sidewalks are critical for active ageing

- Majority say sidewalks need quicker repair
- Overhanging trees and snow are a problem
- Some residents do not shovel sidewalks

SIDEWALK OPPORTUNITIES

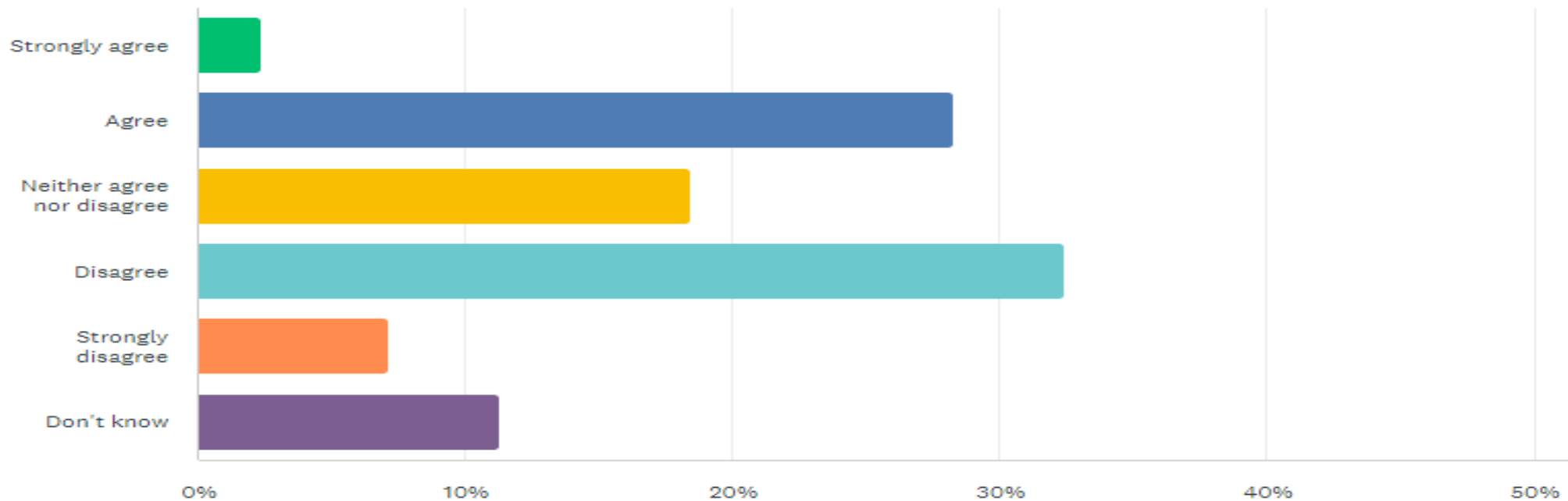
- Audit sidewalks through a seniors' lens
- Make sidewalks repairs higher priority
- Plough walkway connecting Elgin Park with Joseph St.
- Remind homeowners of responsibilities re: sidewalks
- Consider a crosswalk on Elgin Park Drive

HEALTH & SOCIAL SUPPORT

80% of Canadians are not 'health literate'

Older adults generally understand what health and social services are available.

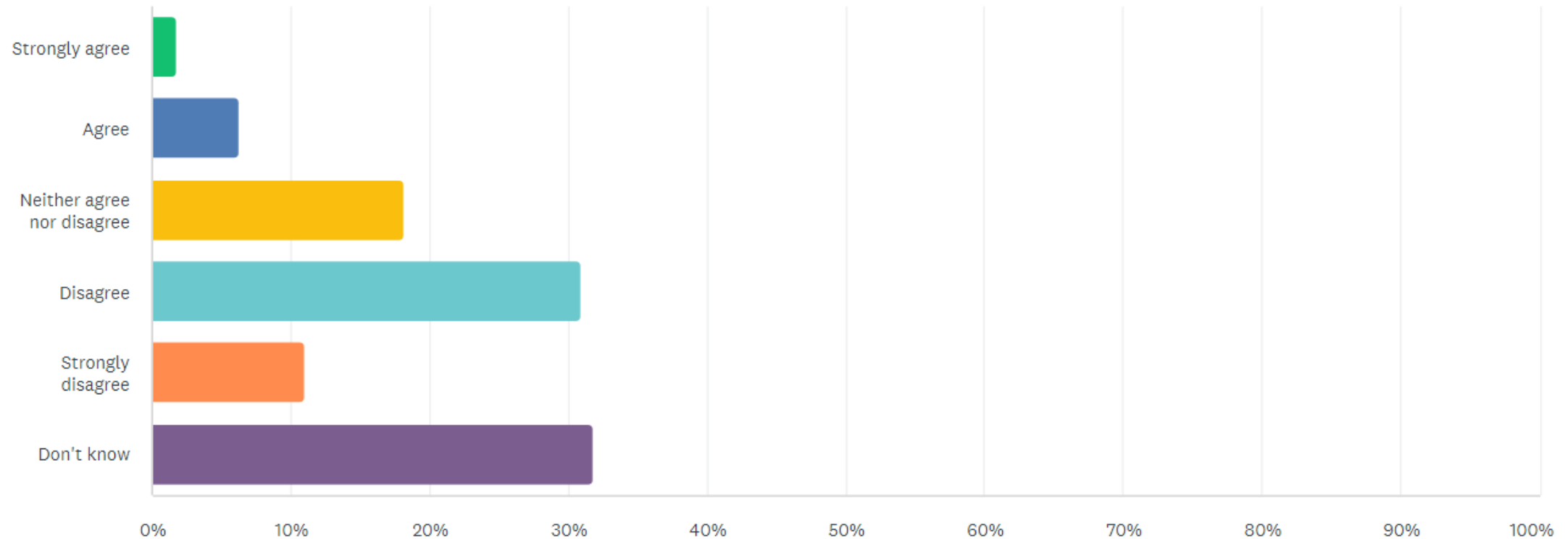
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CAREGIVERS NEED SUPPORT

There are enough support services for caregivers of older adults.

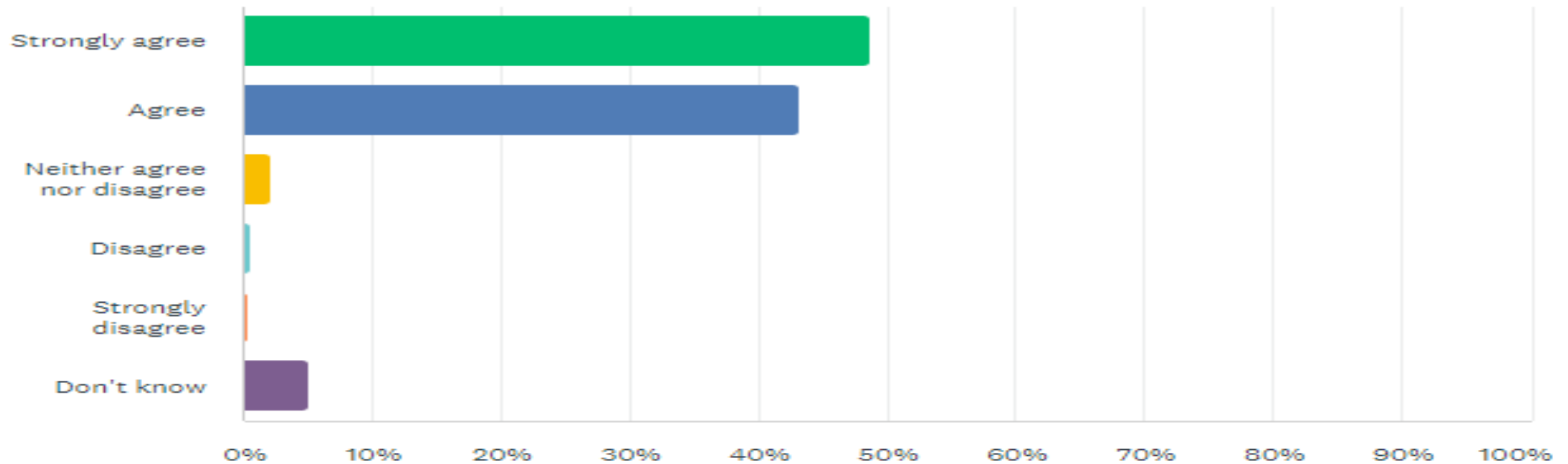
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90% SAY ISOLATION IS A PROBLEM

Isolation, for some older adults, is a serious health problem.

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HEALTH & SOCIAL SUPPORT OPPORTUNITIES

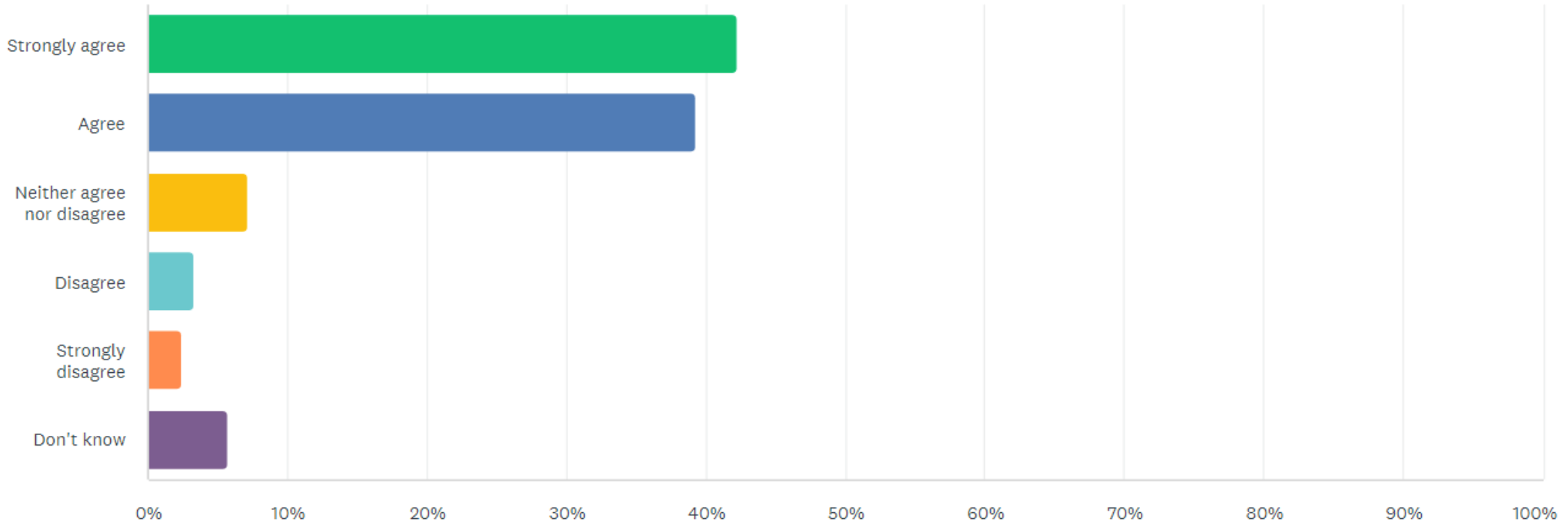
- Tea & Talk sessions on health topics: e.g. adult vaccines; practicing prevention, understanding medication labels; healthy eating, etc.
- Social activities at Seniors' Centre for caregivers
- Publicize available caregiver support

HOUSING

Appropriate housing options needed to age-in-place

Uxbridge needs more housing options to allow older adults to live in homes that suit their changing needs.

Answered: 334 Skipped: 2



HOUSING OPPORTUNITIES

- Keep older adults apprised of housing developments
- Explore the potential of NORCs (Naturally Occurring Retirement Communities)
- Continue to pursue housing as part of Downtown Revitalization

DOWNTOWN

- Large trucks on Brock Street are a deterrent
- Concerns about angle parking
- Not enough public washrooms in shopping areas
- Concerns about accessibility

USE OF PARKS & TRAILS

- 77% say they make use of parks and green spaces
- Importance of washrooms at parks and some groomed forest trails
- Is there a marketing opportunity (guided walks for seniors' hiking groups)?